## **Salt Lake City Sports Complex**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
East Lanes West	East Lanes West  1 2 3 4 5 6 7 8	East Lanes West	East Lanes West	East Lanes West	East Lanes West  1 2 3 4 5 6 7 8	East Lanes West	Times
Building Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	5:00 AM
	AFS 2 lanes 6-7am Swim Team 2-5 Lanes	AFS 2 lanes 6-7am Swim Team 2-5 Lanes	AhS 2 lanes 6-7am Swim Team 2-5 Lanes	AFS 2 lanes 6-7am Swim Feam 2-3	AFS 2 lanes 6-7am Swim Team 2-3	Swim Team 5 Lanes 6am-8am	6:00-7:00 AM 7:00-8:00 AM
	7-10am 3 lanes	7-10am 3 lanes	7-10am 3 lanes	Lanes 3 lanes	Lanes 3 lanes	Adult Fitness Swimming 3 lanes	8:00-9:00 AM
	8:30am- 10am	8:30am- 10am	8:30am- 10am	8:30am- 10am	8:30am- 10am	8:00-9:30am Legends 4	9:00-10:00 AM
	n Less	n Less	n Lesso	n Lesso	U of U 10am-	Lanes 9:30am- 11am	10:00-11:00 AM
Adult Fitness Swim 11:30-12:30pm	IAFS Adult Finess Swim	Adult Fitness Swim	IAFS Adult Filness Swim	Adult Fitness Swim	12pm 4 Lanes IAFS Adult Fitness Swim		11:00-12:00 PM
4 lanes  Oplassh	12:00-1:00pm 5 lanes	12:00-1:00pm 5 Janes	12:00-1:00pm 5 lanes	12:00-1:00pm 5 lanes	12:00-1:00pm 5 lanes		12:00-1:00 PM
ash and Swim	Spla	Spla	Swim Team 4 Lanes 1:45pm	Swim Team 4 Lanes 1:45pm	Swim Team 4 Lanes 1:45pm	Spla	1:00-2:00 PM
	Swim Team 4 Lanes 1:45pm-	Swim Team 4 Lanes 1:45pm				Splash and Swim	2:00-3:00 PM
	4:45pm Swim	Lanes 1:45pm 4:45pm	4:45pm	Lanes 1:45pm 4:45pm	4:45pm	d Swir	3:00-4:00 PM
Building Closed		3		n n		3	4:00-5:00 PM
	YAFS 3 Lanes 5pm-6pm		YAFS 3 Lanes 5pm-6pm		YAFS 3 Lanes 5pm-6pm		5:00-6:00 PM
			Adult Fitness Swim 6:30-7:30pm		Adult Fitness Swim 6:30-7:30pm		6:00-7:00 PM
			4 lanes		4 lanes		7:00-8:00 PM
	Building Closed	Building Closed	Building Closed	Building Closed	Building Closed	Building Closed	8:00-9:00 PM
							9:00-10:00 PM
Law Contraction	Law Coolinamia a	Lan Corinamina	Law Coolina main m	Lan Carinamina	Lan Carinamina	Law Outinemin a	10:00-11:00 PM
Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	
No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	
Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	

