

JL Sorenson Recreation Center Pool Schedule & Information

Lap Pool Lane Availability: Summer 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:30am to 2:30pm	5am - 7am 8 Lanes	5am - 7am 8 Lanes	5am - 7am 8 Lanes	5am - 7am 8 Lanes	5am - 7am 8 Lanes	6:30am - 7am 8 Lanes	
	7am - 8am 4 Lanes	7am - 8am 4 Lanes	7am - 8am 4 Lanes	7am - 8am 4 Lanes	7am - 9am 4 Lanes	8am - 12pm 5 Lanes	
	8am - 11am 3 Lanes	8am - 11am 3 Lanes	8am - 11am 3 Lanes	8am - 11am 3 Lanes	9am - 11am 3 Lanes	12pm to 8pm	
	Diving Boards Open	11am - 12pm 8 Lanes	11am - 12pm 8 Lanes	11am - 12pm 8 Lanes	11am - 12pm 8 Lanes	11am - 12pm 8 Lanes	Diving Boards Open
	2 Lanes available Width of Lap Pool	12pm - 6pm 2 Lanes Width of Lap Pool	12pm - 6pm 2 Lanes Width of Lap Pool	12pm - 6pm 2 Lanes Width of Lap Pool	12pm - 6pm 2 Lanes Width of Lap Pool	12pm - 8pm 2 Lanes Width of Lap Pool	2 Lanes available Width of Lap Pool
		6pm - 8pm 2 Lanes	6pm - 8pm 2 Lanes	6pm - 8pm 2 Lanes	6pm - 8pm 2 Lanes		
	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes			

Leisure Pool Open Swim Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am - 2:30pm	12pm - 6pm	12pm - 6pm	12pm - 6pm	12pm - 6pm	12pm - 8pm	12pm - 8pm

Leisure Pool Open from 6pm - 8pm, But The Slide and Water Features will NOT be ON.

* Times are subject to change without notice. Swim meets, Monthly lifeguard trainings, & Swim Lessons can *
effect available in both pools.

Swim Lesson and Water Aerobics Information on the other side of this form.



For inclusion opportunities for people with disabilities,
contact (385) 468-1520 or InclusionRec@slco.org.



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Water Aerobics

Monday	Tuesday	Wednesday	Thursday	Friday
Combo Challenge: 9am - 10am	Water Aerobics 9am -10am & 10am - 11am	Deep Water H2O Bootcamp: 9am - 10am	Hydro Tone Lap Pool 9am - 10	Aqua Zumba: 9am - 10am
Seniors: 10am - 11am	Interval Toning: 8pm - 9pm	Tsunami Boards: 10am - 11am	Deep Water 10am - 11 am	Seniors 10am - 11am

Swim Lessons Availability

Monday	Tuesday	Wednesday	Thursday	Saturday
9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm
6pm - 8pm	6pm - 8pm	6pm - 8pm	6pm - 8pm	

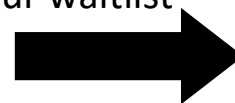
*** No Water features will be on in the Leisure Pool during Swim Lessons. ***



Interested in Group Lessons? Please scan the QR Code to see what is offered



Interested in Private Lessons? Please scan this QR Code to be added onto our waitlist



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