SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	
	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 7:30p	Teen Fitness Class - 11a - 12p
	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1p - 6p	Open Plunge - 12p - 5:30p
	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Open Gym/Basketball - 12p - 5p
	Open Plunge (Outdoor) - 12p - 6p	Cornhole & Ladder Games - 1p - 3p	Teen Fitness Class - 6p - 7:30p	Jenga & Can Jam Games - 1 p - 3p	Big Checkers Games - 1p - 3p	Fitness Room (Teen Time 14+) - 12p - 6
		Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Open Plunge (Outdoor) - 12p - 6pm
		Open Plunge (Outdoor) - 12p - 6p		Open Plunge (Outdoor) - 12p - 6p		
7	8	9	10	11	12	1
Open Plunge - 10a - 2:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 7:30p	Teen Fitness Class - 11a - 12p
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 6p	Open Plunge - 12p - 5:30p
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Open Gym/Basketball - 12p - 5p
Open Plunge (Outdoor) - 12p - 4p	Open Plunge (Outdoor) - 12p - 6p	Cornhole & Ladder Games - 1p - 3p	Teen Fitness Class - 6p - 7:30p	Jenga & Can Jam Games - 1p - 3p	Big Checkers Games - 1p - 3p	Fitness Room (Teen Time 14+) - 12p - 6
		Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Open Plunge (Outdoor) - 12p - 6pm
		Open Plunge (Outdoor) - 12p - 6p		Open Plunge (Outdoor) - 12p - 6p		
14	15	16	17	18	19	
Open Plunge - 10a - 2:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 7:30p	Teen Fitness Class - 11a - 12p
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1p - 8p	Open Plunge - 12p - 5:30p
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Open Gym/Basketball - 12p - 5p
Open Plunge (Outdoor) - 12p - 4p	Open Plunge (Outdoor) - 12p - 6p	Jenga & Can Jam Games - 1p - 3p	Teen Fitness Class - 6p - 7:30p	Cornhole & Ladder Games - 1p - 3p	Open Plunge (Outdoor) - 12p - 6p	Fitness Room (Teen Time 14+) - 12p - 6
		Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Walking Track Time (10-13yrs) - 4p - 5:30p		Open Plunge (Outdoor) - 12p - 6pm
		Open Plunge (Outdoor) - 12p - 6p		Open Plunge (Outdoor) - 12p - 6p		
21	22	23	24	25	26	2
Open Plunge - 10a - 2:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 7:30p	Teen Fitness Class - 11a - 12p
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1p - 6p	Open Plunge - 12p - 5:30p
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Open Gym/Basketball - 12p - 5p
Open Plunge (Outdoor) - 12p - 4p	Open Plunge (Outdoor) - 12p - 6p	Jenga & Can Jam Games - 1p - 3p	Teen Fitness Class - 6p - 7:30p	Jenga & Can Jam Games - 1p - 3p	Big Checkers Games - 1p - 3p	Fitness Room (Teen Time 14+) - 12p - 6
		Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge (Outdoor) - 12p - 6p	Open Plunge (Outdoor) - 12p - 6pm
		Open Plunge (Outdoor) - 12p - 6p		Open Plunge (Outdoor) - 12p - 6p		
28	29	30				
Open Plunge - 10a - 2:30p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 8:30p	IMPORTANT INFORMATION			
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1p - 9p	Fitness Room - Must be 16 years or older (14/15 must have a fitness certification)			
itness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Track - Must be 10 years or older			
Open Plunge (Outdoor) - 12p - 4p	Open Plunge (Outdoor) - 12p - 6p	Jenga & Can Jam Games - 1p - 3p	Our Outdoor Pool is at Crestwood Pool which is located at 1700 Siesta Drive, Sandy, UT 84093			
		Walking Track Time (10-13yrs) - 4p - 5:30p			-	
		Open Plunge (Outdoor) - 12p - 6p				





