



CITY OF SEMINOLE RECREATION DEPARTMENT Instructional Basketball 2024

TEAM SELECTION:

- Players must be registered to be placed on a team.

SCHEDULE:

- Games will be played at the Holland G. Mangum Recreation Center Gym.

GAME TIMES:

- The first 30 minutes are practice, followed by a scrimmage

GAMEPLAY:

- Scrimmage is monitored by both coaches
- All calls, etc. are made by volunteer coaches
- Game play is 4 on 4
- Players cannot press
- Allow opposing team to cross mid-court before any defense
- No score will be taken
- Every player must play

FACILITY GUIDELINES

- All Seminole Recreation Center facility rules will be obeyed.
- Players and spectators are allowed only in the gymnasium and restrooms.
- Smoking is not allowed within the facility.
- No use or playing of artificial noisemakers while the game is in progress.
- Alcoholic beverages are not allowed on Recreation Department property.

EQUIPMENT & UNIFORMS

- All players must wear the team jerseys supplied by the Recreation Department.
Players must wear athletic shorts with no pockets.