

South Davis Recreation Women's Volleyball Rules

Forward any questions or comments to:
Pam Coulam | Recreation Coordinator
(801) 298-6234 | pam@southdavisrecreation.com

ROSTERS:

1. All games will be based off of NFHS (High School) Rules. Rulebooks are available for purchase at any sporting goods store or online at: <http://www.nfhs.org/articles/rules-books-and-case-books-available-as-e-books/>
2. Each team must submit a completed team roster to the league by the start of the first game. (Players may be added to the roster up until the last week of the regular season by talking to the site supervisor. You must add a player to the roster before they can play.)
3. Players may only play on one team per league, per night.
4. Players must play in at least two regular season games to be eligible for the tournament.
5. Players must be 16 years or older. Any player under 18 must have a parent sign the roster on their behalf.
6. Players must check-in with the court supervisor prior to the start of each game

MATCH PLAY:

1. A match is the best three out of five games.
2. The first 3 games will be scored to 21 points with a cap of 25.
3. Games four and five will be scored to 15 points with a cap of 21.
4. Games must be won by 2 points unless the cap is reached.
5. Games will be rally scoring.
6. Each team will be allowed two timeouts per game for games 1-3. Only one timeout per team is allowed for games 4 and 5.
7. 6 players are allowed on the court. A team must have a minimum of 4 players to avoid forfeit.
8. If a team does not have 4 eligible players within 5 minutes following the scheduled start time, the first game in the match will be forfeited. The team will then be granted 7 additional minutes to field 4 eligible players before the second game is deemed a forfeit. If the second game is forfeited then the team will be allowed an additional 12 minutes to field 4 players before the third game and match is forfeited.
9. Time between games is a maximum of 1 ½ minutes.
10. Game time and rules can be adjusted and modified at the discretion of the supervisor.

TOURNAMENT:

1. The end of season tournament will feature the top 4 teams.
2. The tournament is single elimination.
3. Players must play in at least two regular season games to be eligible for the tournament.
4. Any team who forfeits two or more times during the regular season will be disqualified from tournament play.
5. Protests must be made on the court, to the supervisor and official immediately. The game and match will be completed.

Please be respectful of the referee, gym supervisor and opposing team. If there are any questions or problems, please have the team manager give Pam a call so that we can make any changes necessary.

