|  |
| --- |
| PITCH COUNT CHART |
| Divisions | Pitch Count | Days Rest | Pitch Count | Days Rest | Pitch Count | Days Rest | Pitch Count | Days Rest | Max Per Day |
| Senior | 1-30 | 0 | 31-45 | 1 | 46-65 | 2 | 66+ | 3 | 95 |
| Junior/Major | 1-25 | 0 | 26-40 | 1 | 41-60 | 2 | 61+ | 3 | 85 |
| Minor | 1-20 | 0 | 21-35 | 1 | 36-55 | 2 | 56+ | 3 | 75 |